



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DEDICATION, STRENGTH FOCUS

Corona-Norco Family YMCA

Karate can improve self esteem and self discipline, while building self confidence and character. Karate teaches self defense, while building a healthy body. The Y Karate class is a great way to exercise and keep fit! Our goal is complete personal development of each student. Individual attention is a feature of every class, allowing students to progress quickly and confidently toward their personal goals. We take responsibility seriously as role models for younger students, teaching them the importance of strong character, leadership and good values.

- DATE:** Monday & Wednesday
- TIME:** Beginners 6:15-7:00pm
Intermediate/Advanced 7:15-8:00pm
- LOCATION:** Main YMCA—1331 River Road
- FEE:** Y-Members \$45.00 a month
Non-Members \$55.00 a month



For registration information call: 951 736-9622